



Atlantic Canoe & Kayak Company

13600 King Charles Terrace
Fort Washington, MD 20744
703.838.9072
www.atlantickayak.com

Directions to Mallows Bay Park 1440 Wilson Landing Road, Nanjemoy, MD 20662

From the Capital Beltway (Route 495):

- Take exit 3A Indian Head Highway/MD 210 south toward Indian Head. Continue for about 15 miles.
- Left on MD 227. Continue for about 1.3 miles.
- Straight onto MD 224. Continue for about 2.9 miles.
- Left onto MD 225/224. Continue for about 3.8 miles
- 2nd Right onto MD 224. Continue for about 8.5 miles
- Right onto MD 224 (Riverside Road). Continue for about 4.1 miles.
- Right onto Wilson Landing (small sign for Mallows Bay Park)

PARK in the large parking lot at the top of the hill. Portable toilets are available on site. Once you've parked, gather your things, including your completed release and medical information forms, and walk down the hill to the river. We'll meet you right near the water. See you there!

Checklist of What to Bring

- Drinking water or spot drink (plenty)
- Snack or lunch (waterproof)
- Sunscreen
- Shoes you don't mind getting wet or muddy (aqua shoes or booties)
- Hat or visor for sun protection and/or warmth
- Sunglasses with retaining strap (if you want to keep them)
- Nylon shorts are preferable to cotton—they dry more quickly
- T-shirt or tank top for warm weather
- Quick dry shirt for cooler weather
- Fleece or wool and windbreaker for cooler weather
- Rain gear if rain is expected
- Change of clothes and a towel (just in case—leave in car)
- Binoculars, camera, nature books, if desired

ATLANTIC KAYAK

Date:	RENTAL RECORD Mallows Bay, MD	<input type="checkbox"/> Single Recreational Kayak
Depart Time:		<input type="checkbox"/> Tandem Kayak
Return Time:		

Name, printed legibly: _____

CELL PHONE ON THE WATER: _____

Home Address: _____

Emergency Contact: _____ Phone: _____

Lifesaving and Safety Equipment that you took with you at time of departure:

For all kayaks: PFD (life vest) with whistle attached and paddle

I took the above equipment with me, and I agree to return all equipment to where I got it in the condition in which I received it or to pay for any necessary cleaning, repairs or replacements to return the equipment to the same condition. I also agree to wear the PFD at all times while on the water. If I have rented a sea kayak, I agree that I am competent at deep-water sea kayak rescues.

I AGREE TO STAY IN PISCATAWAY CREEK OR ON THE MARYLAND SIDE OF THE POTOMAC RIVER. I SPECIFICALLY AGREE TO AVOID CROSSING THE CHANNEL IN THE POTOMAC RIVER AND TO AVOID KAYAKING IN THE CHANNEL ALONG THE MARINA PIERS.

Signature of Paddler or Parent or Guardian
if under 18 years of age

Date: _____



OVER





**RELEASE OF LIABILITY
& ASSUMPTION OF RISK AGREEMENT**

READ BEFORE SIGNING

In consideration of being allowed to participate in any way in **Atlantic Canoe & Kayak Company's** (dba Atlantic Kayak Company, "AKC") operations, use of equipment, or its related events and activities, the undersigned, acknowledge, appreciate, and agree that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF **AKC** or others, and assume full responsibility for my participation; and,
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of employees of **AKC** immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS **AKC**, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and, if applicable, owners and lessors of premises used for the activity of "**AKC**", WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence or participation, WHETHER ARISING FROM THE NEGLIGENCE OF **AKC** OR OTHERWISE, to the fullest extent permitted by law.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT , FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Name

Signature

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE
(UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of **AKC**, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless **AKC** from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF **AKC**, to the fullest extent permitted by law.

Printed Name

Parent or Guardian's Signature

Date